

**VUMC Postdoctoral Benefit Plan COBRA Rates
October 1, 2024– September 30, 2025**

Medical PPO 80/60 - Aetna

Monthly COBRA Rate

Postdoc Only	\$919.65
Postdoc + Spouse	\$2133.70
Postdoc + child(ren)	\$1885.38
Postdoc + partner + child(ren)	\$3053.42

Medical PPO 90/70 - Aetna

Postdoc Only	\$969.83
Postdoc + Spouse	\$2250.07
Postdoc + child(ren)	\$1988.18
Postdoc + partner + child(ren)	\$3219.91

Dental HMO - Aetna

Postdoc Only	\$20.30
Postdoc + Spouse	\$39.98
Postdoc + child(ren)	\$51.05
Postdoc + partner + child(ren)	\$76.04

Dental PPO - Aetna

Postdoc Only	\$35.96
Postdoc + Spouse	\$70.76
Postdoc + child(ren)	\$90.30
Postdoc + partner + child(ren)	\$134.64

Vision - SunLife

Postdoc Only	\$9.11
Postdoc + Spouse	\$18.22
Postdoc + child(ren)	\$20.03
Postdoc + partner + child(ren)	\$29.14